

Claims: I claim:

1. [Twice Amended] A massage and tactile stimulation device comprising a glove [hand covering] made of a resilient material having a front [palm] wall and a back wall [, said walls] connected by a means for joining two pieces of material to form fingers, a palm area and a backhand area, said glove having a first effective working area on the front wall of said fingers, a second effective working area located on said palm are, and a third effective working area located on said palm are, said glove having one or more predetermined upward projections secured at said first and second [one or more] effective working areas of the glove, [said projection attached to said glove by means providing for stationary bonding,] said device having [being with] one or more friction areas attached to said glove at said third effective working area[s] said upward projections and said friction areas being attached to said glove by [means providing for] a stationary bonding means wherein on part of the upward projections and the friction areas move with respect to said glove walls.
2. The glove of claim 1 wherein said resilient material is lycra or spandex.
3. The glove of claim 1 wherein said means for joining 2 pieces of material is sewing.
- [5.] 4. The glove of claim 1 wherein said effective working area for said projection includes pad of digits, a palm, and a region proximal phalanges.
- [6.] 5. The glove of claim 1 wherein bonding for said projections and said friction area is pressure sensitive adhesion.
- [8.] 6. A massage and tactile stimulation device for manual control and operation constructed of a flexible rubber-like material that contours to the anatomy of the underlying joints and part of body covered by said device, said device having one or more predetermined

stationary prominent projections made of a plastic[rubber-like] material providing a means for deep and point specific pressure to affect deeper tissues of recipient of said device, said projections located at a first effective working area of said device.

9. [7.] The device of claim 8 [6] wherein [parts of body covered by] said device can be worn on either of a users hand, elbow, and foot. [includes one of the following: a hand, an elbow, and a foot.]

10. [8.] The device of claim 8 [6] wherein effective working areas for said projections include finger pads, a palm, knuckles, an elbow, and a sole of the foot.

whereby deep pressure is imparted by said device

and

whereby said projections optimize the benefits of massage and tactile stimulation.